

## Fees

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I do not accept insurance. Let me explain why.

In order for me to have your insurance pay for your therapy, I have to give you a mental disorder diagnosis. I don't like to give a mental disorder diagnosis for soul work, I feel it goes against the soul.

Then depending upon your insurance company, I may have to write a report every five to ten session to show that you're still sick with that mental disorder. For them to continue paying for therapy, my report needs to show that you're still sick and getting better, but that you aren't cured yet.

After all this someone from the insurance company who doesn't know either of us is going to read the report and assess how well our work is going and decide if they will continue to pay for therapy. It's like they are sitting in the room judging us and how we are doing, without understanding the process. They are attempting to save the insurance company money or from paying for the therapy.

After all this explanation, the fees for Soul Recovery are very reasonable. This is for in person sessions as well for phone sessions.

Dr. Houck